



The Hinckley  
SCHOOL

# SAFEGUARDING & WELL-BEING NEWSLETTER

14<sup>th</sup> December 2023

## Welcome to the first Safeguarding and Well-Being Newsletter.

My name is Kate Priestnall and I was appointed in October 2023 as the Director of Safeguarding and Well Being. Here at The Hinckley School the safeguarding and well-being of our students has the highest priority and it is our intention to keep parents and families as up to date as possible with regular information about what school and the local community has on offer for your child and for your family by way of support.

In this newsletter you will find lots of helpful information and a directory of other organisations that you can access free of charge to help with the many issues that families and children face today.

If there is anything you would like to see featured in this newsletter please do get in touch, my contact details are below.

Thank you,

Mrs K Priestnall,  
Director of Safeguarding and Well Being

[kpriestnall@thehinckleyschool.co.uk](mailto:kpriestnall@thehinckleyschool.co.uk)

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## MENTAL HEALTH OFFER & FAMILY SUPPORT DIRECTORY

We have put together a document which is also accessible on our website titled the [Mental health Offer and Family Support Directory](#)

This has been created to enable our children and families to better understand the support on offer here at The Hinckley School for your child and their mental health needs, but also to explain about the tier system in operation, what that looks like and the services we have that come into school when the issue is something more than a tier one service requirement.

We hope you find the directory a useful source of community support for any additional help, as an individual, or as a family you may have. We recently had a visit from the local area coordinator and this gave us all the local foodbank information which is now also included. Mrs Priestnall is now a delegated person to be able to refer families to this if they meet the criteria, so if you need this support please get in touch

## INTRODUCING... OUR SAFEGUARDING TEAM



Miss Pawley

Mrs Priestnall

Miss Pawley, Deputy Designated Safeguarding Lead (DDSL), is a Criminology graduate and has significant experience of youth work, working 1-1 and organising specialist group work.

Miss Pawley works as one of our full time DDSLs focussing on mental health support triage and intervention and awareness work around key issues that may affect our community.

CONTACT:

[IPawley@thehinckleyschool.co.uk](mailto:IPawley@thehinckleyschool.co.uk)

Full time Director of Safeguarding and Well Being and our Designated Safeguarding Lead (DSL), Mrs Priestnall joined The Hinckley School in October 2023 having spent the last 20 years working in safeguarding in education, primarily as the DSL in various busy secondary schools and more recently as the Director of Safeguarding for a 7 school Academy Trust.

A Law graduate and qualified NSPCC trainer, Mrs Priestnall brings a wealth of knowledge and experience to support our students with.

CONTACT: [kpriestnall@thehinckleyschool.co.uk](mailto:kpriestnall@thehinckleyschool.co.uk)

Here at The Hinckley School we all share a common objective to keep children and young people safe by active contribution to and participation in –

- Providing a safe environment for children and young people to learn, develop and feel safe.
- Identifying children and young people who may be at risk of harm.
- Working to support those children and young people identified as being in need or at risk of harm by collaboration with internal and external safeguarding partners.
- Commitment to active participation in all mandatory safeguarding training events as well as regular updates and briefings.

In addition to Mrs Priestnall and Miss Pawley, The Hinckley School has a number of other trained DDSL's who have other roles within the school. These are:

**Mrs Thomas: Deputy Head Teacher | Mr Arnold: Year 11 Pastoral Lead | Mrs Birks: Senco  
Mr Boast: 6th Form Year Leader | Mrs Pathan: Year 11 Year Leader**

## NHS IMMUNISATION TEAM

We work closely with the NHS, and in particular the Immunisation team are regular visitors. The following communication from the immunisation team may be helpful to you if your child missed out on the flu vaccine given at school and you are thinking of getting your child vaccinated against flu.

*We recently visited your child's school and offered the flu vaccination, which helps to protect against the latest strain of the virus.*

### ***Do you still wish to get your child vaccinated against flu?***

*We are able to offer the nasal flu vaccine and the injectable flu vaccine through our community pharmacy partners and our community clinics. Submit a consent form to receive details for next steps.*

- Visit:  
[www.leicsandrutlandimms.co.uk](http://www.leicsandrutlandimms.co.uk)
- Select Seasonal Flu.
- You will need to enter a school code.
- For Hinckley School the code is LE141682



*The form will be reviewed, and further information will be sent to you.*

*If you already completed a consent form and your child missed the vaccination on the day, you may have already received an alternative offer. Please make sure to check your Junk emails.*

### ***About the vaccines***

*The nasal flu vaccine offers best protection against flu. It is given as a spray squirted up each nostril. It's quick and painless.*

*For some children the nasal spray is not suitable for medical reasons. The nasal vaccine contains traces of a highly processed form of porcine gelatine.*

*The injection is given into the muscle in the upper arm, which may cause soreness. This vaccine is offered as an alternative if the nasal spray is not suitable due to medical reasons. This vaccine does not contain porcine gelatine.*

*To find out more about the flu vaccine please, visit: [tiny.cc/flu Vaccination secondary](http://tiny.cc/flu Vaccination secondary)*

*In the meantime, remember...*



**There are **measles** cases in  
Leicester and Leicestershire**

If your child hasn't been vaccinated with both doses of the MMR vaccine please speak to your GP practice and book them in for their vaccinations.

For more information visit:  
[www.leicesterleicestershireandrutland.icb.nhs.uk/nhs-vaccinations/](http://www.leicesterleicestershireandrutland.icb.nhs.uk/nhs-vaccinations/)

*Kind regards*

***School Aged Immunisation Service***

*Families, Young People and Children's Services and Learning Disabilities and Autism*

*Leicestershire Partnership NHS Trust*

*Bridge Park Plaza | Bridge Park Road | Thurmaston | Leicester | LE4 8PQ*

*Tel: 0300 3000 007*

*E-mail: [lpt.sais@nhs.net](mailto:lpt.sais@nhs.net)*

*Website: [www.leicspart.nhs.uk/service/schoolagedimms](http://www.leicspart.nhs.uk/service/schoolagedimms)*

***Parents please note The Hinckley School does not keep records of your child's immunisations.***

# It's Christmas Time!



**A Parent's Guide to Social Media**



**A Parent's Guide to Sharing Pictures**



**A Parent's Guide to Gaming**



**A Parent's Guide to Online Grooming**



scan the QR code with your phone's camera to see the guides on our website



**A Parent's Guide to Live Streaming**



**A Parent's Guide to Online Influencers**



**A Parent's Guide to Fake News**



**A Parent's Guide to Privacy Settings**

## It's always best to be prepared

Many parents may be planning to give electronic gadgets to their children this festive period.

Our guide is designed to help parents take a realistic approach to help keep their children safe when using the internet, social media and playing online games.

**Scan the QR code to find out more.**

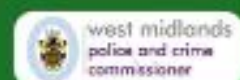
**Online safety is when young people know who they can tell if they feel upset by something that has happened online.**

**Parents** please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

**Skips Educational** Email: info@skipsed.com Tel: +44 121 227 1941

Developed in partnership with





# Winter WATER SAFETY

EVERY YEAR CHILDREN ARE AT RISK WHEN THEY ARE TEMPTED TO PLAY ON THE ICE FORMED ON OPEN WATERS AND ADULTS FIND THEMSELVES AT RISK AS THEY ATTEMPT TO SAVE THEM, OVER 50% OF ICE RELATED DROWNING INVOLVED AN ATTEMPTED RESCUE OF ANOTHER PERSON OR A DOG

## TOP TIPS



**Keep away from the edge of the water**



**Only walk in well lit areas**



**Keep dogs on their leads**



**Walk with an adult or group of friends**



**Never go on the ice under any circumstances**

## WHAT TO DO IN DANGER



**Shout help and call 999. Use your what3words location**



**Never go onto the ice to try and rescue a person or animal**



**Keep an eye on the person in danger**



**If possible lie flat to spread your weight**



**Wait for the emergency services**